

## **CAPACITY BUILDING AND SKILLS ENHANCEMENT INITIATIVES**

**2021-2022**

The Career Guidance and Placement Cell and other departments of the college organized several activities within the limitation during the year 2021-22 with a clear objective of motivating and inspiring the students to achieve their career goals. Activities of this academic year included Virtual lectures by eminent scholars, motivating classes, personality development programs, soft skill development programs and pre- placement training. The programs provided a platform for the students to enhance their skills such as; leadership, self-confidence, team building, time management, effective communication, conflict management and cognitive ability.

### **SOFT SKILLS DEVELOPMENT PROGRAMMES**

#### **Allianz Services India- Soft skill Trainings-PRAYAAN**

A soft skills program for final year students by Alliance Services India on 23<sup>rd</sup> July 2021. This had been initiated to associate with colleges across Kerala in order to help create a future pool of talents. As part of the program, students from different colleges would get an opportunity to undergo upskilling workshops, conducted by subject matter experts in respective areas and all the students who successfully complete all levels of the program (trainings and assessments) would further get a chance to attend interviews with in Allianz Services India. Ms.Pavithra and Ms. Deepa Leelamani conducted the session, some of the students from the college were offered free training program.

#### **Soft Skill Training Programme**

On behalf of department of management studies of Nirmala College Muvattupuzha conducted a soft skill training on 29-October-2021 at DJ block. The class was taken by the resource person Mr.Jiji Joseph, Certified International Trainer. 76 students were participated in the training program. Prof. Chinchu Louis, Faculty of the Department introduced the resource person and his valuable experience in the training field for the last couple of years along with the brief about the objective of the training programme.

The training programme was really help us to understand the infinite potential with us and how to use it for the career development. Lack of self-confidence and absence of motivation to strive

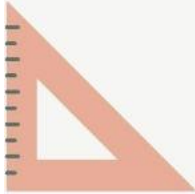
for personal development and achievements are the two main impediments faced by us and the training programme was solve it to a great extent. The group activities and interactions help us to remove the fear of mistake and stage fear and empowered us for emphasizing and concentrating on excellence in every opportunities. The valuable training programme concluded after a feedback session.





**NIRMALA COLLEGE,  
MUVATTUPUZHA**

DEPARTMENT OF MANAGEMENT STUDIES



# SOFT SKILL TRAINING



Resource Person  
Mr. Jiji Joseph, Certified  
International Trainer



**OCTOBER 29, 2021 ▪  
9:30 TO 03:30 PM**

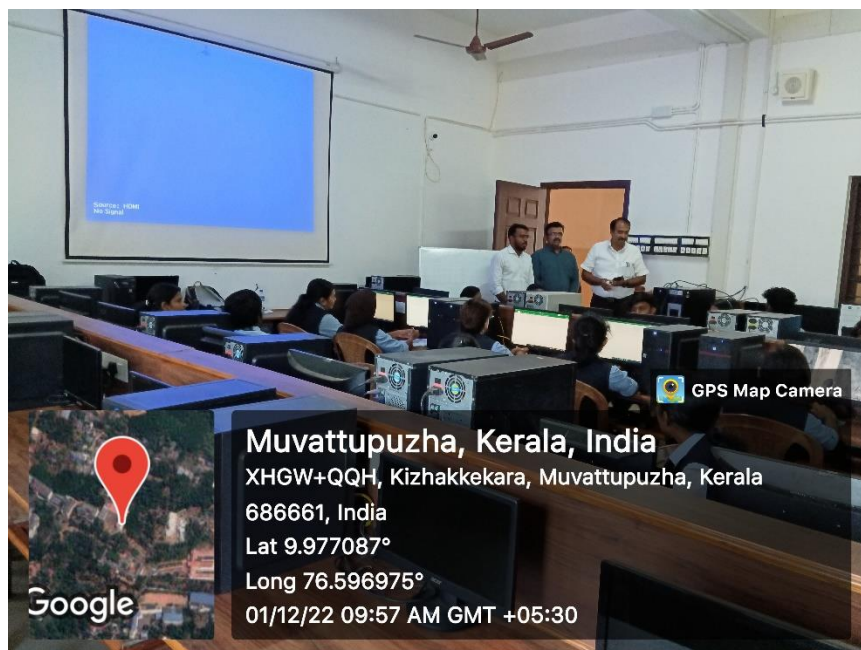


Venue:- DJ Block



### Advanced excel

Career Guidance and Placement Cell organized a training program on “Advanced excel” course for UG & PG final years on 5th February 2022 at 9.00 am. Science students with Mathematics background were joined in this program. 88 students were participated in this exciting course.



### Let's Explore - PERSONALITY DEVELOPMENT PROGRAMME

The chemistry department has organized a Personality Development Programme titled *Lets Explore* for the degree students on 01 June 2021. The programme aimed at inspiring the student community to explore their dreams. Moreover, the students were trained to enhance personality in different domains. The session was useful to the students to eliminate all kinds of stigmas inherent in their minds. The session was good enough to develop awareness on surroundings and to instill students to explore their inner thoughts, emotions and feelings. The session was led by Mr. Arun Jose Puthenpurackal, Soft skill trainer. 43 students participated in the programme.

DEPARTMENT OF CHEMISTRY  
NIRMALA COLLEGE MUVATTUPUZHA  
NAAC reaccredited with A++ grade (CGPA 3.73)

*Let's Explore*  
soft skill training

 01-06-2021

 11.30 am

 Google meet



Resource Person  
Mr. Arun Jose Puthenpurackal  
soft skill trainer

## LANGUAGE AND COMMUNICATION SKILLS DEVELOPMENT PROGRAMME

### **Communicative Hindi**

Academic writing is generally quite formal, objective and technical. It is formal by avoiding casual or conversational language, such as contractions or informal vocabulary. Developing writing capabilities is an important part of the study. The four main types of academic writing are descriptive, analytical, persuasive and critical. The Department of Hindi had organized a Certificate Programme on 28/07/21. The course focused on Academic writing consists of academic skills and basic elements of writing. The aim of the course was to develop efficiency of students as writers.





### **Biblichor '21 Promoting reading**

Department of Communicative English conducted an English reading promotion program on 19th June, 2021. This programme gave an opportunity to the students to learn and read different famous books. Active participation from the students made the programme more effective.



**LIFE SKILLS DEVELOPMENT PROGRAMMES (YOGA, PHYSICAL FITNESS,  
HEALTH AND HYGIENE)**

**“Ippa Sheriyakki Tharam” Basic Skill Sharing Course**

Department of Statistics conducted a basic skill sharing program on 27<sup>th</sup> November 2021 on Basic first aid, Basic gardening, Pot farming, Computer repair basics and dealing with emergencies. More than 100 students from various departments were actively participated in this program.

## Induction Programme

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**November 27, 2021**  
1.30 PM - 4.30PM

**Department of Statistics,**  
Nirmala College Muvattupuzha

### Basic Skills Sharing Course

- Basic First Aid
- Dealing With Emergencies
- Basic Household Repairs
- Basic Gardening
- Pot Farming
- Computer Repair Basics
- Knot and Rope Tricks





## YOGA DAY

The Career Guidance organized a session on Mental Health & Physical Wellbeing for our students on 21 June 2021. Because of the pandemic mental wellbeing as well as physical wellbeing of the students are much disturbed due to online classes, in order to make them fully furnished for the next academic year this session holds a preparation part. Mr. Rajeev, from Kerala Ayurveda Hospital conducted the session. It was indeed helpful for both students and teachers.






Get in touch with your inner warrior and step on the mat this



# International Day of Yoga

Department of Botany  
**NIRMALA COLLEGE, MUVATTUPUZHA**  
organizes  
Webinar and Demo Session



# YOGA


*for everyone*

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Resource Person  
**Mr. Rajeev**  
Yoga and Pranayama Teacher  
Kerala Ayurveda Hospital, Aluva

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Platform

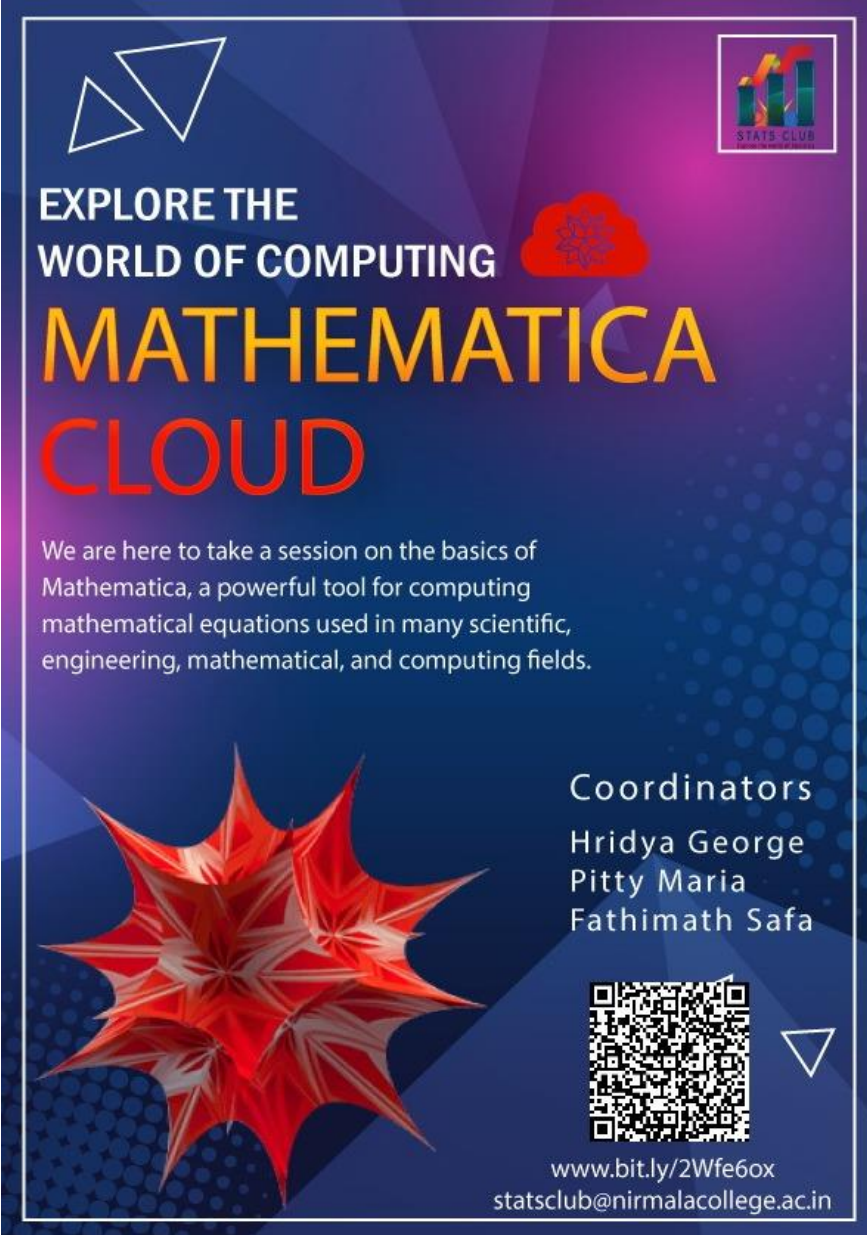


Date: 21 June 2021  
Time: 5.30 -6.30pm

## **ICT/COMPUTING SKILLS DEVELOPMENT PROGRAMME**

### **Mathematica Cloud**

Department of Statistics conducted certificate course on Cloud Computing. Science students with Mathematics background were joined in this program. 121 students were participated in this exciting course. The topics covered was mainly focused on the basics of Mathematica, a powerful tool for computing mathematical equations used in many scientific, engineering, mathematical and computing fields.




The poster has a dark blue background with geometric patterns. At the top left, there are white outlines of triangles. At the top right, there is a small logo for 'STATS CLUB' featuring a bar chart. The main title 'EXPLORE THE WORLD OF COMPUTING' is in white, followed by 'MATHEMATICA' in large yellow letters and 'CLOUD' in large red letters. A red cloud icon is next to the word 'COMPUTING'. Below the title, a paragraph in white text describes the course. At the bottom left, there is a large, complex red geometric shape. At the bottom right, the coordinators' names are listed, followed by a QR code and a small white triangle. The website and email address are at the very bottom.

**EXPLORE THE  
WORLD OF COMPUTING  
MATHEMATICA  
CLOUD**

We are here to take a session on the basics of Mathematica, a powerful tool for computing mathematical equations used in many scientific, engineering, mathematical, and computing fields.

**Coordinators**  
Hridya George  
Pitty Maria  
Fathimath Safa



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[statsclub@nirmalacollege.ac.in](mailto:statsclub@nirmalacollege.ac.in)