

REPORT OF SPORTS AND CULTURAL ACTIVITIES 2014-15

For the all-round development of the students, the college provides student centered sports and cultural activities. This will help the students in exploring their hidden talents. Apart from participating in these events, the students also get a first hand experience of organizing and managing the events. Students are able to nurture their intellectual, organizational and social skills like self-discipline, the ability to cope with criticism, leadership quality, interpersonal communication, team spirit, sharing success and failure and accepting responsibility.

Sports events organized during 2014-15

The Sports events are planned and executed with the guidance of Physical Education Department. The activities enable not only to develop the physical fitness but also the mental, emotional, and social well-being of the students. Under the guidance of Physical Education department sports activities are organised in our college with the following objectives

- To provide an environment for physical development of the students.
- To provide opportunity to the student to foster their talent in sports field
- To promote team spirit and sportsmanship among students by organizing various sports activities.

This year our playfields were active with so many competitions and training programmes. These include the following events;

Annual Athletic Meet

College Annual Athletic meet was conducted on 2nd December 2014. The chief guest of the day was Sri Raju Paul, winner of best teacher award in sports 2014, of Kerala Government. The Sports meet started with students March Past. Students from all the departments participated in the Mach Past which was also a competition item of this sports meet. The chief guest was delighted by the students' performance in the March past. He emphasized the importance of students' involvement in physical activities for maintaining good health. After the formal function, competitions of various categories were conducted and awards of the winners were distributed by the college Principal. Individual champion for the men category was Melvin Varghese of first B.A Hindi and women category was Arya Surendran of first B.A Hindi.

Sports Events Conducted

- 100metres (men & women)
- 200metres (men & women)
- 400metresMen&women)
- 800metres (men & women)
- Long Jump (Men & Women)
- Shot Put (Men & Women)
- Discus Throw (Men & women)
- Javelin Throw (Men & Women)
- 4x100Metres Relay (Men & Women)
- Throw ball (Women)
- Volley ball
- Foot ball
- Chess (Men)
- Shuttle (Men) Single
- Shuttle(women) Single
- Shuttle (Men) Double
- Shuttle (Women) Duble
- Cricket
- Basket ball
- Tug of War (Men & Women)

PHOTOGRAPHS OF ANNUAL SPORTS MEET 2014-15



5.3.3 Report of Sports and Cultural Activities



Inter Departmental Competitions

Department wise Competitions of football, basketball, volleyball, shuttle badminton, cricket, chess, tug of war, arm wrestling etc. were conducted. Many Students participated in all the events with good sportsman spirit.



M.G University Inter Collegiate Football Tournament

The University level Inter Collegiate Football Tournament was conducted at our collage in the current year, which was participated by teams from various colleges of M. G. University.



SPORTS ACHIEVEMENTS ARE MADE BY OUR STUDENTS DURING 2014-15

Name of the event	Achievement
M G University Inter zone Hand ball tournament at S H College Thevara	Runner-up in the tournament
M G University North zone Basket ball tournament held at St Joseph's College, Moolamattam	Secured fourth position
M G University inter zone Best physique competition held at Newman College Thodupuzha	Naveen Jose III B A Malayalam secured second position Shefin K R II B A Hindi secured third position
M G University Taekwondo championship held at BPC College Piravom,	Fredin Baiju I B.Sc. Maths secured 1 st position in over weight category Ajil Shaji of III B.Sc. Maths secured 3rd position in 60 kg weight category.
M G University Judo championship was held at U C College Aluva.	Mani Jose I B.Com secured 2nd position in 90 kg category Ajansha II B.sc. Physics (Voc) secured 3rd position in below 60 kg category Kevin Babu I B.Sc. Physics secured 3rd position in 66 kg category
M G University Netball Championship held at assumption college Changanassery.	Secured Third position
M G University Yoga championship held at Kottayam in the competition.	Men's team secured 4th position Women's team secured 5th position

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College Basket Ball Team after winning M G University North Zone Basket Ball tournament held at St Joseph's College, Moolamattam



College Taekwondo Team after winning M G University Taekwondo championship

Individual achievements of students

Joshy Mani first year B A Malayalam, Deljo M David, Third year B.A. Economics and Muhammad Rashid first year B A Malayalam were selected in the M G University team for participating in the south zone Inter University Handball championship held at Periyar university Salam.

One of our football player Hari Prasad. R of second year B A Malayalam was selected to the M G University football team for participating in the South zone Inter University football championship held at Calicut university and the team secured third position in south zone football tournament. He also participated in the All India Inter University Football Championship held at L N I P E Gwalior and the team reached the quarter finals.

Three of our students were selected for the 35th National games held at Thiruvananthapuram from 1st February 2015. Diljith P.V of third year B.A Economics, selected for state Beach Hand ball team, Dony Jose of second year B Com selected for rifle shooting team and Sarath Chandran of third year BA Malayalam selected for the Hand ball. Sarath Chandran of third year BA Malayalam represented senior national Hand Ball championship held at Chattisgarh from 3 February 2015.

Fredin Baiju was selected for the All India Inter university Taekwondo competition held at Chennai.

Binil Thomas of third year B com and Muhammad Bilal of second B.Sc. Physics were selected for the All India Inter University Netball Championship held at Annamalai University Chidabaram from 26 January to 2nd February 2015.

Muhammad Bilal of second B.Sc. Physics selected for the 32nd senior national netball championship held at Delhi from 25th to 30th march 2015.

CULTURAL ACTIVITIES ORGANIZED DURING 2014-15

Our College has a practice of organizing wide range of cultural activities ever year to cater the creative needs of the students. Various programmes are organised by the collaborative effort of Students Union and Cultural Committee with the following objectives;

- To bring out various talents of the students in performing arts
- To provide the right platform to showcase their talents in various fields like dancing, acting, singing, drawing, etc.
- To give those students with special talents a chance to extend themselves and to grow in their area of expertise.
- To give all students equal opportunity to be involved in culturally enriching activities.
- To inculcate team spirit and to account for the overall development of students.

The cultural activities organized during the academic year include:

Reading Week Celebrations

As part of Reading Week celebrations, the Department of Communicative English organised a reading competition on English for the whole college on 24th June, 2014. Alinta Maria Varghese (III BSc Chemistry), Namitha Maria Jose (II BSc Botany) and Ann Anna Thomas (II BSc Chemistry) performed really well and won prizes in the competition.

Fresher's Day

The Fresher's day was arranged in all departments under the guidance of teachers to formally welcome the newcomers and explore their talents in cultural activities. The students were invited to the dais to introduce themselves and exhibit their talents. The programme provided an opportunity to identify budding talents among the newcomers.

Department wise Association activities

Official inauguration of the 14 Subject Associations were held in the beginning of the academic year presided by the Heads of the Departments. Cultural events and special competitions were organized on the day to foster the creativity and talents of students. Department Magazines or Newsletters were also published by various Departments

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containing report of the activities, photographs, drawings and creative writings of students to nurture their innovative ideas, artistic talents and imaginative creativity.

Other activities organized by various associations are as follows:

Department - Association	Programme
Malayalam	Reading Competition Varayarangu in association with Mathrubhumi
Zoology	Inter departmental Poster designing competition as part of Ozone Day Celebrations
Hindi	Interdepartmental recitation competition

Independence Day celebrations

As part of the Independence Day celebrations the Department of Hindi conducted an interdepartmental patriotic song competition on 13 August 2014.



Onam celebrations

Onam was celebrated with great enthusiasm in a traditional manner. The students were in traditional attire and decorated the campus with pookolam. As part of the celebrations competitions like Thiruvatira, Onampattu and making of Flower carpet were organized for the students.



IT - Fest

The department of Computer Science organized an Intercollegiate - IT Fest 'CAMEO 2K14' on 29/8/2014 and events such as IT Quiz, Coding, Logical Gaming, Web Designing and Word Hunt were conducted followed by cultural activities. The Computer Science students from 24 colleges participated.

English Week Celebrations

The 'English Week' was celebrated by department of English which was officially inaugurated on 8th December 2014. The budding talents of the Department showcased their skills to mesmerize the audience. A grand exhibition was conducted on the following days. Students themselves prepared charts on diverse topics such as great writers, poets, film directors, artists, films, great entrepreneurs, funny puzzles and so on. A short film screening was put on which won great applause as the films were scripted, directed and acted by the students themselves. A letter writing and calligraphy competition was also held on 15th and 16th December which were a new experience for the participants. Sandra Tom (I BSc Maths), Shine Raju (II BA Economics) and Deepthy Prabha (I BA Comm. English) won prizes in letter writing competition and Flemy Babu (II BA Hindi), Alinta Maria Varghese (III BSc Chemistry) and Minimol P J (I MA Economics) secured prizes in calligraphy competition.

Christmas celebrations

Christmas was celebrated with much joy and enthusiasm by the staff and students. Students showcased their creativity by making and decorating beautiful Christmas trees and Cribs. Best Santa Clause and carol song competitions were also held. Rev. Dr. Antony Urulianikal who was the chief guest of the celebration delivered an inspiring message and sang a Christmas song.

Cultural fest, Arangu - 2014

College cultural fest, Arangu 2014 which was two day long was organized on the leadership of arts club and cultural committee. The fest was inaugurated by Mr. Abbas (a dance performer) and the audience was thrilled and excited with his performance. The function was presided over by the principal and staff advisor Dr. James George. Thereafter, varieties of on stage and off stage events were started in six different stages. Awards and certificates were distributed by the principal.





Two-Wheeler Fancy Dress Competition

Students Participation and achievements in University youth festival

Nirmala College has always taken interest in exploring the students' talent in addition to their academic performance. This year skilled performers had got financial help in participating University youth festival. We secured first and second places in dance events such as Margamkaly and Thiruvattira respectively. Apart from this many of them secured good places in individual items.

Cultural activities organized by Women's cell

The Inauguration of women's cell activities 2014-2015 took place on 12th January 2015 in the college auditorium. The Inaugural address was given by the chief guest R. Nisanthini IPS, Deputy Commissioner of Police, Ernakulam. The inaugural function was followed by cultural programmes like solo, mohiniyattam, mimicry etc. The programme showcased the cultural talents and organising ability of girl students. The Women's Day was

5.3.3 Report of Sports and Cultural Activities

also celebrated this year and that provided a platform for girl students to shed out their inhibitions and vie with one another to display their talents.

College day celebrations

The College day celebrations were conducted on 20-02-2015. Chief Guest, Mr. Tovino and team (Mexican aparata, a movie crew) enchanted the audience with their presence. Mr. Jibin Abraham, College Union Chairman presided over the function and Dr. James George, staff advisor, delivered the formal welcome. After the formal function, the main stage witnessed colourful performances of students of each department.

Commerce fest - Deus Vult

The prestigious commerce fest 'Dues Vult' was successfully organized by the Department of Commerce on 24th February 2015. Around 200 students from 15 colleges competed in four different events namely Treasure Hunt, Business Quiz, Best Management Team and IPL Auction. This was followed by cultural activities of students.



REPORT OF SPORTS AND CULTURAL ACTIVITIES 2015-16

For the all-round development of the students, the college provides a wide range of student centered sports and cultural activities. This will help the students in exploring their hidden talents. Apart from participating in these events, the students also get a first-hand experience of organizing and managing the events. Students are able to nurture their intellectual, organizational and social skills like self-discipline, the ability to cope with criticism, leadership quality, interpersonal communication, team spirit, sharing success and failure and accepting responsibility.

Sports events organized during 2015-16

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- To provide an environment for physical development of the students.
- To provide opportunity to the student to foster their talent in sports field
- To promote team spirit and sportsmanship among students by organizing various sports activities.

This year our playfields were active with so many competitions and training programmes. These include the following events;

Annual Athletic Meet - 2015

Annual Athletic Meet was conducted on December 22, 2015. The meet was inaugurated by Sree Kumar Circle Inspector of Police Muvattupuzha. Robin Joseph Varghese of 1 B.Com OMSP was selected as a best male athlete and Arathy Lanin of II BSc. Physics selected as a Best female athlete.



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5.3.3 Report of Sports and Cultural Activities



Inter departmental competitions

Inter departmental competitions were conducted by Dept of Physical Education in the college for Football, Cricket, Basketball, Shuttle badminton, Chess, Tug of war, Arm wrestling etc.



M G University football championship

M. G. University north zone & inter zone football championship was held at Nirmala College, Muvattupuzha, Our team won the competition and six players represented south zone inter university football championship held at Amritha University Coimbatore. The students were Eldho Sunny of 1st MCA, Shafas Shaji of 1M.Com, Ammanulakhan of III B A communicative English, Ajith Shivan of II B A Economics, Hariprasad K of III B A Malayalam and Muhammed Shammem of II Bsc Botany.

All Kerala Intercollegiate Volleyball Tournament

All Kerala Intercollegiate Volleyball Tournament was conducted from 25th and 26 February 2016. St Peters College Kolenchery bagged the winner's trophy and M A College, Kothamangalam became Runner up. Dr. Binu George Varghese sports council secretary inaugurated the tournament and Prof. K J Francis former HOD of physical education distributed the trophies.



Following sports achievements are made by our students during 2014-15

Name of the event	Achievement
M G University in the Inter zone Handball tournament held at Mar Thoma college Thiruvalla	I position
The M G University Best physique Championship held at St Thomas College	Branton Jojo of IIIB A communicative English secured 2 nd position in the 80 kg category
M G University north zone basket ball championship held at St Peters College, Kolancherry	winners
M G University Taekwondo championship held at B P C College Piravom,	Fredin Baiju of 2 nd Mathematics secured 1st position in over weight category, Eldho P. Aby of 1st Bsc Zoology 2nd position Arjun Unni and of Bsc Mathematics 2nd position Mahin Abubaker of 1BA Economics secured 3rd position; Manjima Goerge of 1 Bsc Mathematics secured 3 rd position and Ammu Varghese of M C A secured 3 rd position and our team secured over all Runner up in M G university taekwondo championship.
M G University Judo championship held at M G University Kottayam ,	Mani Jose of II Bcom secured 2nd position in 90 kg category, Ajansha of III Physics (Voc) secured 3rd position in below 60 kg category.

Achievements of our football team in All Kerala intercollegiate tournaments

Sl no	Name of the tournaments	Position
1	Baselious trophy All kerala inter collegiate football tournament held at Baselious College Kottayam.	1 st
2	M G University North Zone competitionsinter collegiate football tournament held at Nirmala college Muvattupuzha.	1 st
3	M G University Inter Zone competitionsinter collegiate football tournament held at Nirmala college Muvattupuzh	1 st
4	SreeSankara All kerala inter collegiate football tournament held atSreeSankara college Kalady.	2 nd
5	Fr Francis Kallancherry Memorial All kerala inter collegiate football tournament held at S B college Changanachery.	2 nd
6	St Joseph college All kerala inter collegiate football tournament held at St Joseph college Moolamattom.	2 nd
7	Goal 2016 All kerala inter collegiate football tournament held at Malappuram	Semi finalist
8	Mar Thoma trophy all kerala inter collegiate football tournament held at mar thoma college Thiruvalla	Semi finalist
9	BishopMarKuriakoseKunnacherry golden jubilee memorial All Kerala Inter collegiatefootballfoot tournament held atStStephen's College Uzhavoor.	Semi finalist

Awards and Recognitions

A Special meeting was arranged by the college authorities in the auditorium to honor the outstanding sportsmen in various events. 16 outstanding sports persons were awarded medals and certificates in the talent day programme on 18-02-2016. Best player award was given to Eldho sunny of 1 M T A, in connection with GOAL 2016 football tournament held at malappuram .The prize was TVS sponsored Appachai Bike of worth Rs 80000/- (eighty Thousand).

Seven players of Handball team of our institution represented M G University team, for participating south zone Inter University handball championship held at Alagapa University Karikudy. The students were Joshy Mani of II B A Malayalam, Sarath Chandranof III B A Malayalam, Melvinbabu of I B A Malayalam, Deljo M Davis, and Diljith P .V. of III B A Economics Manu P K of II M A Economics and Thomas Mathew of 1stBcom.Sreeraj .K of 1B A Economic and Naveen Abraham of 1 Bsc Physics participated 38 th Junior National Hand Ball Championship held at Dindigul, Tamilnadu. One of our Basketball player Robin Joseph Varghese of 1stBcom OMSP represented M G University Basketball team, for participating south zone Inter University Basket ball championship held at S R M universityChennai.

Tony joseph of 1M A Economics selected as a M G University Captain, for participating All India inter university netball championship held at Panjabi university Patiala. Five players from our institution selected for the senior national netball championship held at uttrapradesh . They were Rajeev R of III B com, Muhammed Bilal of III Physics, Tony Joseph of 1st M A Economics, Binu Baby of 2nd M A English and Robin Joseph Varghese of 1stBcom OMSP. FredinBaiju of 2ndBsc Mathematics selected for the M G university team , for participating All India inter university taekwondo championship will be held at Gurunanak University Amirser Panjab on 21 & 22 March 2016.

Cultural activities organized during 2015-16

Our College has a practice of organizing wide range of cultural activities ever year to cater the creative needs of the students. Various programmes are organized by the collaborative effort of Students Union and Cultural Committee with the following objectives;

- To bring out various talents of the students in performing arts
- To provide the right platform to showcase their talents in various fields like dancing, acting, singing, drawing, etc.
- To give those students with special talents a chance to extend themselves and to grow in their area of expertise.
- To give all students equal opportunity to be involved in culturally enriching activities.
- To inculcate team spirit and to account for the overall development of students.

The cultural activities organized during the academic year include:

Fresher's Day

The Fresher's day was arranged in all departments under the guidance of teachers to formally welcome the newcomers and explore their talents in cultural activities. The students were invited to the dais to introduce themselves and exhibit their talents. The programme provided an opportunity to identify budding talents among the newcomers.

Department wise Association activities

Official inauguration of the 14 Subject Associations were held in the beginning of the academic year presided by the Heads of the Departments. Cultural events and special competitions were organized on the day to foster the creativity and talents of students. Department Magazines or Newsletters were also published by various Departments containing report of the activities, photographs, drawings and creative writings of students to nurture their innovative ideas, artistic talents and imaginative creativity

Independence Day celebrations

As part of the Independence Day celebrations the Department of Hindi conducted an interdepartmental patriotic song competition on 13 August 2015.

Cameo-2K15: National Level IT Fest computer science

The mega event Cameo-2K15 conducted by Department of Computer Science on 19August, 2015. There were 116 participants from 18 colleges. Events such as IT Quiz, Coding, Logical Gaming, Web Designing and Word Hunt were conducted. Prizes were distributed by Rev. Dr. George Karakkunnel, Director, NESTT, Muvattupuzha. St. Josephs College of Engineering and Technology, Pala became the Overall champions.

Onam celebrations

Onam was celebrated with great enthusiasm in a traditional manner. The students were in traditional attire and decorated the campus with pookolam. As part of the celebrations competitions like Thiruvatira, Onampattu and making of Flower carpet were organized for the students.

Inter-collegiate media fest - AGASAJO 2K15

An inter-collegiate media fest was organized by the Department of English on 3 and 4 September 2015. The fest was inaugurated by Sri. Krishna Sankar (film artist). Different competitions like Dubsmash, Short Film, Soliloquy, etc were conducted. About 200 students from 11 colleges participated in AGASAJO 2K15. Newman College, Thodupuzha won the ever rolling trophy.



Hindi Fortnight celebrations

Department of Hindi organised Hindi Fortnight celebrations to mark the importance of Hindi language. An Interdepartmental Recitation competition was conducted on 18 September and an Inter collegiate Recitation competition was conducted on 22 September 2015. Cash Prizes were given to the winners.

Christmas celebrations

Christmas was celebrated with much joy and enthusiasm by the staff and students. Students showcased their creativity by making and decorating beautiful Christmas trees and Cribs. Best Santa Clause and carol song competitions were also held.

Cultural Day celebrated by National Service Scheme - Flames 2K15

The National Service Scheme, Nirmala College celebrated Cultural Day - Flames 2K15 for exhibiting the rare talents of the volunteers. The event encompassed variety of programmes like Dance, Comedy skit, Musical band and individual performances.



College Arts Fest- Regalia 2016

The college arts fest- Regalia 2016 was conducted on 14 and 15 January 2016. The arts fest was inaugurated by Master Minon John. (Cine Artist). Various arts competitions were conducted in different stages. All the departments participated in the events with great enthusiasm. The competitions were organized abiding the norms and conditions put forward by M. G. University.





Musical Concert - Monday Melody

To identify and encourage those who are blessed with the melodious voice, music club, Nirmala College conducted 'Monday Melody' - the grand musical concert. This was musical platform for the singers to express their talents. Best female voice and male voice were selected at this time. Grand finale of Monday Melody 2015-16 was on 25 January 2016.

English Week Celebrations - RHAPSODY'16

The English week was celebrated by the Department of Communicative English during the first week of February. Principal, Rev. Dr. Vincent Nedungattu inaugurated the function. RHAPSODY' 16 featured a literature and arts exhibition from February 3-5 in the Seminar Hall. As part of RHAPSODY' 16, a drama competition was also organized in association with the film and dramatic club. The event was inaugurated by Mr. John Paul.

All Kerala Commerce Fest

The prestigious commerce fest was successfully organized by the Department of Commerce. Around 190 students from 14 colleges competed in four different events namely Treasure Hunt, Business Quiz, Best Management Team and IPL Auction. This was followed by cultural activities of students.

5.3.3 Report of Sports and Cultural Activities

Other cultural activities organized by various departments/ clubs are as follows:

Department/ Club	Event
Dept. of Zoology	Interdepartmental quiz competition and poster designing competitions
Malayalam	Literary Competitions as part of reading week celebrations
Computer Science	Intercollegiate IT Quiz competition
Botany	Essay writing and painting competition
Management Studies	Inter Departmental fest ESPERSIA
NSS	Chingam 1st celebrations,
CSM	Intercollegiate Debate and Elocution competition

REPORT OF THE SPORTS AND CULTURAL ACTIVITIES, 2016-17

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Sports events organized during 2016-17

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This year our playfields were active with so many competitions and training programmes. These include the following events;

Annual Athletic Meet

The annual athletic meet was held on 24 January 2017. The meet was inaugurated by Sri. T.C. Mathew, BCCI Vice President. Students from all the departments participated in the Meet. Past which was also a competition item of this sports meet. Competitions of various categories were conducted and awards of the winners were distributed. Mr. Melvin Varghese of II B.A. Malayalam was selected as the best male athlete and Ms. Arathy Lanin of II Physics, was the best female athlete.



Prof. George Paul Memorial All Kerala Inter-Collegiate Volleyball Tournament

The 16th Prof. George Paul Memorial All Kerala Inter Collegiate volleyball tournament was hosted by the college on 17th and 18th February 2017. M.A. College Kothamangalam bagged the winner's trophy and St. Peters College, Kolenchery became the runner up.



Winners of Prof. George Paul Memorial Volleyball tournament

M.G University Inter Collegiate Football Tournament

The University level Inter Collegiate Football Tournament was conducted at our college in the current year, which was participated by teams from various colleges of M. G. University.



Glimpses of M.G University Inter Collegiate Football Tournament

Inter departmental competitions

Department wise Competitions were conducted in the college for football, cricket, basketball, shuttle badminton, chess, tug of war, arm wrestling, throw ball and volley ball.



Inter- departmental Tug of war competition

Nirmal Mithra - Special sports - fest for differently abled children

Department of Management Studies (MHRM) in association with Department of Physical Education Department organized a special sports fest for differently abled children, under the title “Nirmal Mithra” on 04 November 2016. The meet was inaugurated by Sri. Manu Raj, Sub Inspector of Police, Muvattupuzha circle. Nearly 150 students from six special schools participated in the event.



5.3.3 Report of Sports and Cultural Activities



Major Achievements in sports during 2016-17

- 1. Youth state Football championship** at Ambedkar stadium Kochi
 - The College team won **III position**
- 2. Junior State Taekwondo Championship** at Kannur
 - Sri. Jomon Joshy of I Communicative English secured **III position** in the held.
- 3. M. G. University North Zone Chess Championship** held at Bharat Matha College
 - The chess team qualified for the Inter Zone Tournament
- 4. National Reliance Foundation Football Championship** held at Cooperage Stadium, Mumbai.
 - Runner up at the national level winning a cash prize of Rs. 100,000/-
 - First prize at the Kerala state level championship winning a cash prize of Rs. 50000
 - Mr. Jithin M. of I B.A. Malayalam was selected as the best player at the state level and at the national level.
 - Mr. Abdul Salim of I B.Com was selected as the best goal keeper at the state level and at the national level
 - Both players won Rs.10,000/- each
- 5. New Indian Express All Kerala Inter-collegiate football tournament (GOAL 2017)** held at Malapuram
 - I prize and received a cash prize of Rs.200000/-
 - Mr. Gokuldeep E of II B.A. Economics, Mr. Jithin M. and Mr. Vineesh S. of I B.A. Malayalam were given a special prize of an Appachai Bike each of Worth Rs. 96000/-
- 6. M.G. University Football championship**
 - The team won I prize
 - Mr. Anandhu S. of III B.A Malayalam and Mr. Amanulla Khan of III B.A. Communicative English represented M.G. University in the Inter-University Football championship held at Gulbarga.
- 7. M.G. University handball tournament** held at SH College, Thevara
 - Won 3rd position
 - Mr. Naveen Abraham of II B.Sc. Physics, Mr. Sreeraj K., and Mr. Rahul A. of II B.A. Economics and Mr. Manu P.K. of II M.A. Economics were selected to M.G. University team.

8. 39th National Junior Handball championship held at Patna on 23 November 2016

- Mr. Thomas Mathew, II B.Com, Mr. Naveen Abraham, II B.Sc. Physics, Sreeraj K. and Rahul A of II B.A. Economics participated.

9. M.G University North Zone Basket Ball championship held at SH College Thevara.

- The team won III Position

10. M.G. University Inter Zone Ball Badminton tournament

- The team participated in the M.G. University Inter Zone tournament

11. Net Ball

- Participated in the MGU tournament
- Mr. Tomy Joseph of II M.A. Economics selected for M.G. University team.

12. M.G. University Inter Zone Taekwondo

- Mr. Fredin Baiju of III B.Sc. Mathematics won I prize
- Mr. Eldho P. Aby of II B.Sc. Zoology and Mr. Arjun Unni of B.Sc. Maths won II prize
- Mr. Melvin Varghese of III B.A. Malayalam and Ms. Manjima George of I B.Sc. Maths secured III Position
- The team became runner up
- Mr. Fredin Baiju of II B.Sc. Maths was selected for M.G. University team

13. M.G. University Inter Zone Roll Ball

- The team participated in the MG university tournament

14. M.G. University Inter Zone Cricket

- The team participated in the M.G. University tournament
- Sree Sankara All Kerala inter collegiate football tournament held at Sree Sankara College, Kalady won 2nd position
- All Kerala Inter- collegiate football tournament held at Mar Thomas College, Thiruvalla for Mar Thoma Trophy won I Prize
-

15. District Taekwondo championship held at Kolancherry

- Under 80 Kg category Jomon Johny I English
- Over weight category Fredin Baiju III Maths
- Under 87 Kg category Mahin Aboobakar II Economics
- Under 63 Kg category Manjima George II Maths

16. All kerala inter collegiate Basket ball tournament

- Secured 3rd position and received the cash prize Rs5000/-

Achievements of our football team in all Kerala Inter-collegiate tournaments

Sl no	Name of the tournaments	Position
1	Reliance state football tournament held at Rajagiri college Kalamasserty	1 st
2	M G University North Zone inter collegiate football tournament held at Nirmala college Muvattupuzha.	1 st
3	M G University Inter Zone football tournament held at M G University Kottayam	1 st
4	Sree Sankara All kerala inter collegiate football tournament held at SreeSankara college Kalady.	2 nd
5	Goal 2017 All Kerala inter collegiate football tournament held at Malappuram	1 st
6	Mar Thoma trophy all Kerala inter collegiate football tournament held at Mar Thoma college Thiruvalla	1 st
7	Reliance National football tournament held at cooperage stadium Mumbai	2 nd
8	28 th South Indian Arch Bishop Kavukattu Memorial Inter Collegiate Football Tournament 2016-17	Semi finalists
9	Bishop Mar Kuriakose Kunnacherry golden jubilee memorial All Kerala Inter collegiate football tournament held at St Stephen's College Uzhavoor.	Semi finalists

5.3.3 Report of Sports and Cultural Activities



All India Reliance Youth Foundation National Football Championship - Runners up



New Indian Express All Kerala Inter-collegiate football tournament (GOAL 2017)-Winners

Cultural activities organized during 2016-17

Our College has the practice of organizing wide range of cultural activities ever year to cater the creative needs of the students. Various programmes are organized by the collaborative effort of the Students Union and Cultural Committee with the following objectives;

- To bring out various talents of the students in performing arts
- To provide the right platform to showcase their talents in various fields like dancing, acting, singing, drawing, etc.
- To give those students with special talents a chance to extend themselves and to grow in their area of expertise.
- To give all students equal opportunity to be involved in culturally enriching activities.
- To inculcate team spirit and to account for the overall development of students.

The cultural activities organized during the academic year include:

World Environment Day Celebrations

Department of Botany and Zoology jointly organized a painting and poster designing competition in association with World Environment Day Celebrations on 16 June 2016. The programme was sponsored by the Kerala State Council for Science, Technology and Environment. Students demonstrated their artistic talents which were well appreciated by the audience.



5.3.3 Report of Sports and Cultural Activities



Reading Week Celebrations

As part of Reading Week celebrations, the Department of English organized a reading competition on English and Book Review competition for the whole college. The students participated in this competition with much enthusiasm and proved their language proficiency and reading habit.

Fresher's Day

The Fresher's day was arranged in all departments under the guidance of teachers to formally welcome the newcomers and explore their talents in cultural activities. The students were invited to the dais to introduce themselves and exhibit their talents. The programme provided an opportunity to identify budding talents among the newcomers.



Department wise Association activities

Official inauguration of all the 14 Subject Associations were held in the beginning of the academic year presided by the Heads of the Departments. Cultural events and special competitions were organized on the day to foster the creativity and talents of students. Department Magazines or Newsletters were also published by various Departments containing report of the activities, photographs, drawings and creative writings of students to nurture their innovative ideas, artistic talents and imaginative creativity.



Independence Day celebrations

As part of the Independence Day celebrations the Department of Hindi conducted an interdepartmental patriotic song competition on 14 August 2016.



Onam Celebrations

'*Thiruvonam*' the national festival of Kerala was celebrated on 09 September 2016, with traditional colour and fervor. "Pookkalam" (floral carpet), Thiruvattira, and Onampattu competitions were held department wise, while variety entertainments were held in a common pool.

Cultural Day celebrated by National Service Scheme - Flames 2K15

The National Service Scheme, Nirmala College celebrated Cultural Day - Flames 2K15 for exhibiting the rare talents of the volunteers. The event encompassed variety of programmes like Dance, Comedy skit, Musical band and individual performances.



International Ozone Day Celebration

As part of International Ozone Day Celebration, Department of Zoology organized a power point presentation and poster making competition on the topic “Ozone Depletion and its ill effects”. The programme was organized with the financial assistance of the Kerala State Council for Science, Technology and Environment (KSCSTE). Students conveyed a social message through their works of art.

Heritage Exhibition - Paithrukam

The college, under the initiative of the college union, organized a week long cultural exhibition under the title ‘Paithrukam’ (heritage) during 15-18 November 2016. The exhibition stalls numbering nearly 28 portrayed the cultural richness of our state and creative and innovative ideas of our students. The exhibition was organized to commemorate the 60th anniversary of the formation of the state of Kerala. The event was well appreciated by staff and students from nearby educational institutions as well as the public.



5.3.3 Report of Sports and Cultural Activities



Arts fest - KANAL 2016

The Arts fest of Nirmala College KANAL 2016 was successfully conducted on 21st and 22nd of November. The two-day cultural extravaganza was inaugurated by famous cartoonist Adv. Wilson Thomas. There were about thirty competitions and six fully fledged stages were allocated for the various competitions. All the departments participated in the events with great enthusiasm. The competitions were organized abiding the norms and conditions put forward by M. G. University.



5.3.3 Report of Sports and Cultural Activities

Christmas celebrations

Christmas was celebrated with much joy and enthusiasm by the staff and students. Students exposed their creativity by making and decorating beautiful Christmas trees and Cribs. Best Santa Clause and carol song and Christmas message competitions were also held.



Salad making intercollegiate competition - 'Kosambari'

In connection with the Celebration of International Year of Pulses a salad making intercollegiate competition was conducted by Department of Botany under the title 'Kosambari' 02 December 2016. As many as 17 contestants from different colleges participated in it.



IT Fest 'Cameo'

The MCA wing of the Computer Science Department organized an IT festival under the title 'Cameo' on 20 December 2016. They organized intercollegiate competitions in various IT related events followed by cultural activities.

Intercollegiate Zoo - fest

The Department of Zoology hosted an 'Intercollegiate Zoology Fest' on 18 February 2017. They conducted intercollegiate competition in Quiz, Power point presentation, scientific drawing and Poster designing. A good number of students from nearby colleges attended the function and the programme received an excellent feedback.

National Science Day Celebrations

As part of the National Science Day Celebrations Department of Chemistry organized quiz and poster designing competition. The programme was sponsored by Kerala State Council for Science, Technology and Environment (KSCSTE).

Inter-departmental Elocution Competition

Department of Hindi conducted an elocution competition for students. Lidiya Theresa Pious (III Physics) Preethi K. Paulose (III Zoology) and Josna Jose (III Hindi) secured first, second and third positions respectively.

Musical Concert - Monday Melody

To identify and encourage those who are blessed with the melodious voice, music club, Nirmala College conducted 'Monday Melody' - the grand musical concert. This was musical platform for the singers to express their talents. Best female voice and male voice were selected at this time. Grand finale of Monday Melody 2016-17 was on 25 February 2017.

Ramayana Reading Competition

Ramayana reading competition was organized by the Department of Malayalam. Karthika M.R., III Mathematics student secured the first prize..

5.3.3 Report of Sports and Cultural Activities

Commerce fest

The prestigious commerce fest 'was successfully organized by the Department of Commerce. Around 210 students from 17 colleges competed in four different events namely Treasure Hunt, Business Quiz, Best Management Team and IPL Auction. This was followed by cultural activities of students.

Students Participation and achievements in University youth festival

The students participated actively in the M.G. University Youth Festival held at Kozhencherry from 20-24 February 2017. The major achievements of our students are the following

Team/ Student	Event	Prize
College Team	Margamkali	II
Preethu K. Paulose	Hindi Poetry	II
College Team	Folk Dance	III
Abhisankar P.A	Poster Designing	III
Amal Tom	Stringed Instruments Western	III
Ainesh Zacharia	Monoact	A Grade
Nisy James	Folk Dance (Single)	A Grade
Geethanjali T.J	Light Music Vocal- Female	A Grade
Jocelyn Joseph	Elocution -Malayalam	A Grade
Anu Jolly	Elocution -Hindi	A Grade
Anjay Satheesan	Essay Writing-Malayalam	A Grade
Deepthy Prabha	Short Story – English	A Grade
Fathima	Short Story- Malayalam	A Grade

REPORT OF SPORTS AND CULTURAL ACTIVITIES 2017-18

For the all round development of the students, the college provides student centered sports and cultural activities. This will help the students in exploring their hidden talents. Apart from participating in these events, the students also get a direct experience of organizing and managing the events. Students are able to nurture their intellectual, organizational and social skills like self-discipline, the ability to cope with criticism, leadership quality, interpersonal communication, team spirit, sharing success and failure and accepting responsibility.

Sports events organized during 2017-18

The Sports events are planned and executed with the guidance of Physical Education Department. The activities enable not only to develop the physical fitness but also the mental, emotional, and social well-being of the students. Under the guidance of Physical Education department sports activities are organized in our college with the following objectives

- To provide an environment for physical development of the students.
- To provide opportunity to the student to foster their talent in sports field
- To promote team spirit and sportsmanship among students by organizing various sports activities.

This year our playfields were active with so many competitions and training programmes. These include the following events;

Annual Athletic Meet

College Annual Athletic meet was conducted by the Department of Physical Education. Students from all the departments participated in the Mach Past which was also a competition item of this sports meet. Competitions of various categories were conducted and awards of the winners were distributed.

Inter Departmental Competitions

Department wise Competitions of football, basketball, volleyball, shuttle badminton, cricket, chess, tug of war, arm wrestling etc. were conducted. Many Students participated in all the events with good sportsman spirit.

University Level Competitions Conducted

The following university level competitions were conducted at our collage in the current year, which was participated by teams from various colleges of M. G. University.

- M.G University Inter Collegiate Football Tournament 2017-18
- M.G university Inter Collegiate Chess Tournament 2017-18
- M.G University inter Collegiate Taekwondo Competition 2017-18
- M.G University inter Collegiate Cricket Tournament 2017-18

University Level Achievements of Students in Sports

No.	Name of Student	Class	Event	Date	Level	Position
1.	Fredin Baiju	I M.Sc. Statistics	Taekwondo (Over weight)	2 & 3 Oct. 2017	M.G. Uty	I & Selected for Inter Uty. Tournament
2.	Eldho P. Aby	III B.Sc. Zoology	Taekwondo (under 87 category)	2 & 3 Oct. 2017	M.G. Uty	II
3.	Jimmy John	III BCA	Taekwondo (under 68 category)	2 & 3 Oct. 2017	M.G. Uty	III
4.	Emil Rajan	III BCA	Taekwondo (under 58category)	2 & 3 Oct. 2017	M.G. Uty	III
5.	Manjima George	III B.Sc. Maths	Taekwondo (under 57 category)	2 & 3 Oct. 2017	M.G. Uty	III
6.	Tinu K. George	II B.Sc. Maths	Taekwondo over 73category	2 & 3 Oct. 2017	M.G. Uty	III

5.3.3 Report of Sports and Cultural Activities

7.	Naveen Jose	I M.A. Malayalam	Best Physique Championship	26-10-2017	M.G. Uty	I and Selected for Inter Uty. Tournament
8.	Sayu P.S.	II M.Com	Chess	26-09-2018	M.G. Uty	Selected to MGU Chess team

Team Achievements in Sports

1. The Taekwondo team (Men) won III position in the M.G. Uty Championship held at Nirmala College, Muvattupuzha on 02 & 03 October 2017.
2. The Chess team (Men & Women) secured runner up position, in the M.G. Uty chess championship held at Nirmala College Muvattupuzha on 14 & 15 October 2017.
3. The Football team secured III position in the M.G. Uty championship held at M.A College, Kothamangalam during 21-24 November 2017.
4. The Handball team secured III place in the M.G. University inter-collegiate handball tournament held on 27 & 28 February 2018 at BAM College, Thuruthicadu. Nevin Abraham of III B.Sc. Physics, and Rahul R and Sreeraj K., of III B.A. Economics were selected to M.G. University team.

Awards and recognitions

Mr. Ajith Sivan selected to the Kerala Blasters team of ISL Football

1. Mr. Ajith Sivan, III B.A Economics student of the college has been selected to the Kerala Blasters team of ISL Football. The footballer has made the entire college community proud. The college community got together on 27 July 2017 to congratulate Mr. Ajith Sivan, III B.A Economics student of the college, on his selection to the Kerala Blasters team of ISL Football. The footballer has made the entire college community proud. Sri. T.C. Mathew, the Vice President of BCCI was the chief guest on the occasion.
2. **Mr. Milan James of I M.A. English secured bronze medal in the 61st National shooting championship** held at Thiruvananthapuram. He also participated in the All India Inter-University shooting championship held at GNDU at Jaipur and All India Kumar Surendar Singh Memorial Shooting championship held at New Delhi

- 3. Eight football players of the college represented M.G. University team in the south zone inter-university football championship** held at Calicut University from 20-12-2017 to 04-01-2018. The players are Jithin M, Vineesh S & Akber T.A. of II B.A. Malayalam, Gokuldeep E and Abhiram Shaji of III B.A. Economics, Ajay Alex of I B.Sc. Chemistry and Muhammed Rafee E.A & Abdul Salim of II B.Com.

Cultural activities organized during 2017-18

Our College has a practice of organizing wide range of cultural activities ever year to cater the creative needs of the students. Various programmes are organised by the collaborative effort of Students Union and Cultural Committee with the following objectives;

- To bring out various talents of the students in performing arts
- To provide the right platform to showcase their talents in various fields like dancing, acting, singing, drawing, etc.
- To give those students with special talents a chance to extend themselves and to grow in their area of expertise.
- To give all students equal opportunity to be involved in culturally enriching activities.
- To inculcate team spirit and to account for the overall development of students.

The cultural activities organised during the academic year include:

Fresher's Day

The Fresher's day was arranged in all departments under the guidance of teachers to formally welcome the newcomers and explore their talents in cultural activities. The students were invited to the dais to introduce themselves and exhibit their talents. The programme provided an opportunity to identify budding talents among the newcomers.

Department wise Association activities

Official inauguration of the 14 Subject Associations were held in the beginning of the academic year presided by the Heads of the Departments. Cultural events and special competitions were organized on the day to foster the creativity and talents of students. Department Magazines or Newsletters were also published by various Departments containing report of the activities, photographs, drawings and creative writings of students to nurture their innovative ideas, artistic talents and imaginative creativity.

Other activities organized by various associations are as follows:

Department - Associations	Programmes
Botany	Poster designing, Essay writing and Inter institutional quiz competitions
Chemistry	Chemistry Quiz competition
Zoology	Inter Departmental Quiz Competition, Power point presentation competition
Hindi	Short story review and reading Competition

Independence Day celebrations

As part of the Independence Day celebrations the Department of Hindi conducted an interdepartmental patriotic song competition on 14 August 2017.

Onam celebrations

Onam was celebrated with great enthusiasm in a traditional manner. The students were in traditional attire and decorated the campus with pookolam. As part of the celebrations competitions like Thiruvattira, Onampattu and making of Flower carpet were organized for the students.



5.3.3 Report of Sports and Cultural Activities



Three Minutes to Fame

A capacity building programme for the first-year degree students of the college under the title “Three Minutes to Fame” was organized on 11 October 2017. The students were asked to perform any cultural activity on the stage which could showcase their given talents.

Christmas celebrations

Christmas was celebrated with much joy and enthusiasm by the staff and students. Students showcased their creativity by making and decorating beautiful Christmas trees and Cribs. Best Santa Clause and carol song competitions were also held.



College Arts Fest- 2017

Under the leadership of arts club and cultural committee the college arts fest was conducted by organizing around 40 cultural competitions. All the departments participated in the events with great enthusiasm. The competitions were organized abiding the norms and conditions put forward by M. G. University.



Musical Concert - Monday Melody

To identify and encourage those who are blessed with the melodious voice, music club, Nirmala College conducted 'Monday Melody' - the grand musical concert. This was musical platform for the singers to express their talents. Best female voice and male voice were selected at this time.

Inter-Collegiate IT- Fest

The department of Computer Science hosted national level IT Fest 'Cameo 18' on 18-01-2018. 182 students from 23 colleges participated. Events such as IT Quiz, Coding, Logical Gaming, Web Designing and Word Hunt were conducted followed by cultural activities.

Heritage Exhibition - Mudra

The College union organized a heritage exhibition under the title Mudra on 19 & 20 February 2018 which displayed the cultural treasure of our state and artistic talents of students. Twenty-five variety stalls were arranged by the students. The exhibition had great educational value to thousands of people, including school and college going students in the neighborhood.





National Science Day Celebrations

As part of the National Science Day Celebrations Department of Chemistry organized essay competition. The programme was sponsored by Kerala State Council for Science, Technology and Environment (KSCSTE).

Zoo - fest

The Department of Zoology hosted an ‘Intercollegiate Zoology Fest’. They conducted intercollegiate competition in Quiz, Power point presentation, scientific drawing and Poster designing. A good number of students from nearby colleges attended the function and the programme received an excellent feedback.

Students Participation and achievements in University youth festival

Nirmala College has always taken interest in exploring the students’ talent in addition to their academic performance. This year skilled performers had got financial help in participating University youth festival. **The ‘Margamkali’ team won I prize in M.G. University Youth Festival.**

Other Major Achievements of Students in University Youth Festival

1.	Kevin Joseph	B.Sc. Maths	Elocution	”	”	III
2.	Harikrishnan K.M		Percussion Instrument Eastern	”	”	A Grade
3.	Deepthi S		Poetry Writing English	”	”	III Prize & A Grade
4.	Abin Augustine		Painting	”	”	III Prize & A Grade
5.	Abishankar P.A		Poster Designing	”	”	III Prize & A Grade
6.	Krishnachandran A.S		Percussion Instrument Western	”	”	A Grade
7.	Akhila Joseph		Poetry Recitation – English	”	”	A Grade
8.	Sreelakshmi Sukumar		Short Story writing- Malayalam	”	”	A Grade

REPORT OF SPORTS AND CULTURAL ACTIVITIES 2018-19

For the all-round development of the students, the college provides student centered sports and cultural activities. This will help the students in exploring their hidden talents. Apart from participating in these events, the students also get a direct experience of organizing and managing the events. Students are able to nurture their intellectual, organizational and social skills like self-discipline, the ability to cope with criticism, leadership quality, interpersonal communication, team spirit, sharing success and failure and accepting responsibility.

Sports events organized during 2018-19

The Sports events are planned and executed with the guidance of Physical Education Department. The activities enable not only to develop the physical fitness but also the mental, emotional, and social well-being of the students. Under the guidance of Physical Education department sports activities are organised in our college with the following objectives

- To provide an environment for physical development of the students.
- To provide opportunity to the student to foster their talent in sports field
- To promote team spirit and sportsmanship among students by organizing various sports activities.

This year our playfields were active with so many competitions and training programmes. These include the following events;

National Sports Day Celebration

National Sports Day was celebrated by department of Physical Education. To spread awareness on the importance of sports and physical activities in every individual's life a 'kootayottam' was organised. The event started with an oath taking ceremony where students pledged to bring glory to the nation by participating in various sports events.

Annual Athletic Meet

College Annual Athletic meet was conducted by the Department of Physical Education on 23 January 2019. Dronacharys Thomas Mash was the chief guest for the meet. Students from all the departments participated in the Mach Past which was also a competition item of this sports meet. Competitions of various categories were conducted and awards of the winners were distributed. Mr. Ashik M.P. and Kumari Asha K.S were the best male and female athletes



Inter Departmental Competitions

Department wise Competitions of football, basketball, volleyball, shuttle badminton, cricket, chess, tug of war, arm wrestling etc. were conducted. Many Students participated in all the events with good sportsman spirit.



Major achievements in Sports in the year 2018-19**1. The Football team brings accolades to the College**

The College Football team has won the prestigious national Reliance Foundation tournament held at Mumbai during 28-12-2018 to 08-01-2019. The team received a cash prize of Rs.3,00,000/-. Sri. Sachin T. Sivan was selected as the best player and received a cash prize of Rs.25000/-. He was selected to the Chennai FCI League Team. Sri. Ajay Alex got the cash prize of Rs.30,000/- in the New Indian Express Tournament 2019. The team had also won the tournaments held at St. Stephen's College, Uzhavoor and Mar Thoma College, Thiruvalla.

2. The college hosted M.G. University North Zone football tournament, M.G. University Inter-zone Taekwondo tournament and M.G. university chess championship.
3. The College Chess team (Men) won II Position in the MGU Chess Championship held on 26-09-2018.
4. The College chess team (Women) won III position in the MGU Chess championship held on 26-09-2018.

Other Achievements in Sports 2018-2019

Sl. No	Name of the Tournament	Venue	Position
1.	M.G. Uty Chess Championship	B.K. College Amalagiri	2 nd in Men & 3 rd in Women
2.	M.G. Uty Football Championship	Mar Thomas College Thiruvalla	2 nd Position
3.	M.G. Uty Judo Championship	St. Stephen's College Uzhavoor	2 nd Position
4.	M.G. Uty Ball Badminton Championship	K.G. College Pambady	3 rd Position

5.3.3 Report of Sports and Cultural Activities

5.	Reliance South Zone Football Championship	Ambedkar Stadium Ernakulam	1 st Position
6.	Reliance National Football Championship	Mumbai	1 st Position
7.	M.G. Uty Taekwondo championship	MES College Marampally	1 st in Men & 2 nd in Women
8.	M.G. Uty Handball championship	Nirmala College Muvattupuzha	2 nd Position
9.	M.G. University Yoga Competition	St. Theresa's College Ernakulam	4 th in Men
10.	All India Inter University Shooting championship	Chandigarh, Punjab	7 th Position
11.	Msgr. Francis Kalancherry Memorial All Kerala Inter Collegiate football tournament	SB College Changanacherry	Winner
12.	Dr. B.K. Krishnan Memorial ever rolling trophy all Kerala Inter Collegiate football	SS College Kalady	Winner
13.	Bishop Mar Kuriakose Jubilee memorial All Kerala Inter Collegiate football tournament	T.M. Jacob Memorial college Maimalakunnam	Second



The College Chess team (Men and women after winning II and III position in the MGU Chess Championship held on 26-09-2018



College Handball team after winning 2nd Position in M.G. University Handball championship



College Football team after winning National Reliance Foundation Tournament held at Mumbai during 28-12-2018 to 08-01-2019

CULTURAL ACTIVITIES ORGANIZED DURING 2018-19

Our College has a practice of organizing wide range of cultural activities ever year to cater the creative needs of the students. Various programmes are organized by the collaborative effort of Students Union and Cultural Committee with the following objectives;

- To bring out various talents of the students in performing arts
- To provide the right platform to showcase their talents in various fields like dancing, acting, singing, drawing, etc.
- To give those students with special talents a chance to extend themselves and to grow in their area of expertise.
- To give all students equal opportunity to be involved in culturally enriching activities.
- To inculcate team spirit and to account for the overall development of students.

The cultural activities organized during the academic year include:

Fresher's Day

The Fresher's day was arranged in all departments under the guidance of teachers to formally welcome the newcomers and explore their talents in cultural activities. The students were invited to the dais to introduce themselves and exhibit their talents. The programme provided an opportunity to identify budding talents among the newcomers.

Department wise Association activities

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Other activities organized by various associations are as follows:

Department - Associations	Programmes
Botany	Poster designing, Inter institutional quiz competitions
Chemistry	Chemistry Quiz competition
Zoology	Inter Departmental Quiz Competition
Hindi	Short story review and reading Competition
Computer Science.	Inter Departmental World Computer Literacy Day Quiz Competition

Independence Day celebrations

As part of the Independence Day celebrations the Department of Hindi conducted an interdepartmental patriotic song competition.

World Heart Day and Surgical Strike Remembrance Day

NCC Unit of Nirmala College observed World Heart Day and Surgical Strike Remembrance Day on 29th September 2019 by conducting a Marathon to Muvattupuzha town. 70 cadets participated in the Marathon. The programme was aimed to inform people around the world that Cardiovascular disease (CVD) including strokes and heart disease is the world's leading cause of death.





Heritage Day on 22 November 2018

The College union celebrated “Heritage Day” on 22 November 2018. Dr. M.C. Dileepkumar, former Vice Chancellor, SSUS, Kalady inaugurated the event. The students developed an attraction towards the cultural values of our society.

Christmas celebrations

Christmas was celebrated with much joy and enthusiasm by the staff and students. Students showcased their creativity by making and decorating beautiful Christmas trees and Cribs. Best Santa Clause and carol song competitions were also held.

College Arts Fest- 2018

Under the leadership of arts club and cultural committee the college arts fest was conducted by organising around 40 cultural competitions. All the departments participated in the events with great enthusiasm. The competitions were organized abiding the norms and conditions put forward by M. G. University.

Musical Concert - Monday Melody

To identify and encourage those who are blessed with the melodious voice, music club, Nirmala College conducted ‘Monday Melody’ - the grand musical concert. This was musical platform for the singers to express their talents. Best female voice and male voice were selected at this time.

Observance of World Wetlands Day

The department of Zoology observed World Wetland Day on 2nd February 2019. The programme was convened under the theme, ‘Wetlands and Climate Change’. A power point presentation contest on the topic “Wetlands for a Sustainable Urban Future” was organized by department of Zoology.



Zoo - fest

The Department of Zoology hosted an ‘Intercollegiate Zoology Fest’. Competition in Quiz, Power point presentation, scientific drawing and Poster designing were conducted as part of this event. A good number of students from nearby colleges attended the function and the programme received an excellent feedback.

National Science Day Celebrations

As part of the National Science Day Celebrations Department of Chemistry organized essay and painting competition. The programme was sponsored by Kerala State Council for Science, Technology and Environment (KSCSTE).



University Level Achievements of Students in University Youth Festival

The 'Margamkali' team consisting of 10 students won III prize in the M.G. University Youth Festival 2019.

Other Major achievements of students in the M.G. University Youth Festival are the following

1.	Muneera Gafoor	II B.A. Malayalam	Essay Writing	M.G. University Festival	28 Feb - 04 March 2019	I
2.	Preethy K. Paulose	II M.Sc. Zoology	Poetry Writing	M.G. University Festival	28 Feb - 04 March 2019	A Grade
3.	Krishna Chandran A S	MCA	Percussion Eastern	M.G. University Festival	28 Feb - 04 March 2019	A Grade
4.	Parvathy Unnikrishnan	II Physics	Light Music	M.G. University Festival	28 Feb - 04 March 2019	A Grade
5.	Aleena Mathew	I B.Sc. Maths	Malayalam Elocution	M.G. University Festival	28 Feb - 04 March 2019	III
6.	Amal Tom	III KX	String Instrument (Western)	M.G. University Festival	28 Feb - 04 March 2019	I